



OBJECT LESSON OR KIDS SERMON

ITEMS NEEDED:

Wrist brace

Sling

Bring one of the kids up. Have them put on the wrist brace and sling, and see how well they can move their arm with both on.

There's a reason that we need casts, braces, and slings when we have severe injuries. In order to heal our bones and joints, we have to immobilize them. It can be a challenge doing things without that arm or leg for a while, but it's critical in order for our bodies to heal.

What happens after the braces, casts, and slings come off? That arm isn't as strong as it once was. We need to use it, exercise it, and rebuild it so it will be strong.

We are the body of Christ. We are his hands, his arms, his feet. We are the parts that make up the whole. Just as we need every part of our body to be healthy and strong, God needs all of us to be spiritually healthy and strong.

God doesn't need spiritual babies. He needs spiritually mature believers. We need to exercise our faith through prayer, through service to others, and through love so that we can be healthy and strong parts of Christ's body.